complete F E R T I L I T Y

# Patient Journey



### NHS

GP referral required. Initial appointment is with a member of the fertility team at Complete Fertility Centre in Southampton or Bournemouth

# Private

Patient can self refer. Initial appointment is with a fertility consultant at Complete Fertility Centre in Southampton or Bournemouth. Private appointments will be sooner than an NHS Fertility Clinic appointment

# Investigations required before initial appointment

FSH, LH, Oestrogen, Progesterone, Chlamydia and Rubella for females, and Semen Analysis for males, must all be undertaken by your GP

#### Initial Appointment (NHS or Private) at Complete Fertility Centre Southampton or Bournemouth

Will discuss: • Patient's fertility history • Results of investigations and ultrasound scan • Pros and cons of treatment options • Whether assisted conception is required and best treatment option

# Counselling

We encourage patients to meet with our Counsellor for emotional support

### Assisted Conception Treatment Consultation at Complete Fertility Centre Southampton or Bournemouth

With one of our fertility doctors you will discuss: • Aspects of treatment and written consents • What happens next/during fertility journey • Drug prescription • Q&As

#### Nurse Planning Consultation at Complete Fertility Centre Southampton or Bournemouth

Nurse talks through treatment schedule and how to administer drugs

# **Treatment starts**

Drugs delivered directly to patient's home. Treatment usually takes 4 weeks and starts on day 1 of period

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